

Author Bio

Dr. Bertrand Fote is a Cameroonian-American emergency physician, poet, author, certified financial fiduciary, and community leader. With more than two decades of experience in emergency medicine, he brings a rare blend of clinical knowledge, lived experience, and creative insight to his writing.

He is the author of *Shadows of Deception*, a medical thriller, and two poetry collections: *Reflections from Within* and *Floodgates – Emergency Medicine Life in Verse*. Dr. Fote also leads The Gatsby Showcase Foundation, promoting healthcare access, financial literacy, and entrepreneurship.

He holds a medical degree from Howard University, an MBA from Auburn University, and a bachelor's in electrical engineering from the University of the District of Columbia. He is a recipient of the **Presidential Lifetime Achievement Award**.

Books by Dr. Bertrand Fote

Shadows of Deception

A gripping medical thriller exploring the deadly use of VX nerve agent and a high-stakes conspiracy. A fast-paced investigation into science, betrayal, and blurred lines between guilt and innocence.

Floodgates – Emergency Medicine Life in Verse

A powerful poetry collection capturing the emotional, ethical, and human weight of life in the emergency room. These verses reflect the heart of a healer and the burden of the unspeakable.

Reflections from Within

Dr. Fote's debut poetry collection — a journey through identity, growth, and quiet strength drawn from personal and professional experience. An introspective look at life, purpose, and resilience.

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PRESS RELEASE

For Immediate Release

Physician-Turned-Author Bertrand Fote Unveils Gripping Medical Thriller, *Shadows of Deception*

Charlotte, NC – Acclaimed emergency physician and poet Dr. Bertrand Fote has released his debut novel *Shadows of Deception*, a taut, high-stakes thriller that blends medical realism, military secrets, and moral tension. Drawing from more than two decades on the frontlines of emergency medicine, Dr. Fote delivers a story that is as intelligent as it is impossible to put down.

Set in North Carolina, the novel follows Detectives Spider McNeeley and Sedox Overton as they investigate two mysterious deaths tied to a banned chemical weapon — VX nerve agent. At the heart of the case is Dr. Kamga Bosco, an emergency physician with a military past whose connection to the victims casts a long and dangerous shadow.

“This story was born from what I’ve seen in medicine, in service, and in silence,” said Dr. Fote. “It’s about how far people will go to protect secrets, and how difficult it can be to tell who’s really innocent.”

Dr. Fote is also the author of two poetry collections — *Reflections from Within* and *Floodgates – Emergency Medicine Life in Verse* — which explore identity, purpose, and the emotional weight of caregiving. In 2023, he was honored with the **Presidential Lifetime Achievement Award** and the **Excellence in Leadership Award** by Schumacher Clinical Partners.

In addition to his literary work, Dr. Fote is a Certified Financial Fiduciary® and founder of The Gatsby Showcase Foundation, a nonprofit focused on healthcare equity, financial literacy, and entrepreneurship.

Shadows of Deception is available now in print and eBook formats. For more information, visit www.bertrandfote.com.

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